

# HCNS Pre-K Three Afternoon Enrichment Classes Fall Session 2022



We are very excited to continue afternoon enrichment for our pre-K 3 students! Space is limited per day and placement will be made on a first come first serve basis. Please note, 5 students must enroll for us to have our afternoon session.

(Classes must have 5 students enrolled to run.)

**Mondays- Yoga for Kids with Mrs. Lupo:** Children will go on an African Safari, visit a pirate cove, and travel to the Arctic or to outer space using yoga and their imaginations. Yoga kids will build a sense of physical well-being, encourage creativity and help with learning to focus and release energy.

**Tuesday - Gym Rats with Mrs. Barnes:** Ready for some action in the gym? Your child will utilize large motor skills while enjoying games and activities involving mats, music, balance beams, balls, parachutes and additional ways to flex their muscles.

**Wednesdays - Scientists at work with Mrs. Barnes:** Let your little Einstein come and explore each theme through science. They will explore everything from how a rocket takes off to how a volcano explodes and more. We love STEM!

**Thursdays - Literature and Cooking with Mrs. Lupo :** After exploring a story together, your child will have fun whipping up a delicious snack or creating a special art project to align with our theme. Come hungry and ready for fun!

**Fridays - Counting Games and Number Fun with Mrs. Nicholson:** Expand your child's fascination with numbers through games, building, moving and experimenting with all phases of math readiness and counting.

## Pre K 3 Fall Enrichment Trimester

Please Check the enrichment days of choice below and return to the school office by Friday, September 2nd. Space is limited for each day and will be filled on a first come basis. Lunch and Play is included for each day enrolled. Classes run 11:30am - 3:00pm.

**Monday: Yoga (\$455)**

13 classes: September 12- December 12 (no class 10/10)

**Tuesday: Gym Rats (\$490)**

14 classes: September 13- December 13.

**Wednesday: Scientists at Work (\$455)**

13 classes: September, 14- December, 8th (no class 11/23)

**Thursday: Literature and Cooking (\$350)**

10 classes: September 15- December 15 (no class 10/27, 11/10, 11/24)

**Friday: Number Fun (\$385)**

11 classes- September 16- December 9th (no class 11/11, 11/25)

Student Name: \_\_\_\_\_

Total Enclosed: \_\_\_\_\_ (Please make checks payable to HCNS)